

WSSD Swimming and Diving Invitational

Warm-up Schedule December 9th 2023

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
6:40-7:00	RLHS	RLHS	RLHS	CCHS	CCHS	CCHS
7:00 – 7:20	CDHS	CDHS	CDHS	CDHS	CDHS	HAHS
7:20-7:40	DHS	DHS	DHS	DHS	DHS	YCHS
7:40-8:00	RLAHS	RLAHS	RLAHS	STHS	STHS	STHS
8:00-8:20	NOHS	NOHS	NOHS	MHHS	MHHS	MHHS
8:20-8:40	EPHS	EPHS	EPHS	BMcD	BMcD	BMcD
8:40 – 8:55	Open Starts	Open Starts	Open Starts	Open Starts	Open Starts	Open Starts

Meet begins at 9:00 a.m.

Coaches Scratch Meeting begins at 8:15 a.m. in the Main Lobby Entrance ** Enter the Main Gym and exit towards the far hallway opposite of the hallway serving food

Teams can arrive as early as 6:45 A.M. using the far entrance (West Shore Natatorium Entrance) Sign on side of Building.

Busses must park in lower lot after dropping off teams

RLHS/CCHS Cedar Cliff / RLHS-Red Land
CDHS Central Dauphin
DHS Dallastown Area High School
YCHS York Catholic
HAHS Harrisburg Academy
RLAHS Red Lion Area High School
STHS Susquehanna Township / Covenant Christian Academy / Susquenita
NOHS New Oxford
MHHS Milton Hershey
BMcD Bishop McDevitt
EPHS East Pennsboro